

# Honeyguide

#### WILDLIFE HOLIDAYS

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Mull 12 – 19 July 2022

# **Holiday participants**

David and Steph Bennett
George Malcolm and Sonia Donaghy
Mark and Julian Elliot

Leader: Ruth Fleming from Mull Magic www.mullmagic.com.

Photos by David Bennett and Ruth Fleming, all taken on the holiday. Cover: puffins on Lunga and Tobermory (DB). Below: the group on Staffa.



The holiday was based at the Western Isles Hotel in Tobermory www.westernisleshotel.com



View from Western Isles Hotel in Tobermory (DB).

As on every Honeyguide wildlife holiday, we contributed to a conservation project. The conservation contribution of £40 per person, supplemented by gift aid through the Honeyguide Wildlife Charitable Trust, totalled £300 for the RSPB's work on Mull. The total for all conservation contributions through Honeyguide since 1991 is £143,587 (September 2022).

David Sexton, RSPB Scotland Mull Officer, says: "Thank you very much for the donation. An amazing amount and we're very grateful. It's all much appreciated."

#### **ILLUSTRATED DAILY DIARY**

# Wednesday 13 July - Glengorm

Today was a short trip to Glengorm Castle and estate, a 19th-century country house just six kilometres northwest of Tobermory.





Glengorm, estate and castle.

Wildlife here included spotted flycatcher, meadow pipits and meadow brown butterflies; flowers included harebells and fragrant and northern marsh orchids. On and near seaweed-covered rocks by the shore, there were common seals and good views of an otter.

# Thursday 14 July - Craignure

Common sandpiper and oystercatchers were on the beach at Craignure, plus hooded crow and wheatear. A family party of otters was both on the seaweed-covered shoreline and swimming and fishing in the adjacent sea. Out at sea the group saw two red-throated divers.





Otters at Craignure.





Red-throated divers; common sandpiper.

# Friday 15 July - Iona

A journey to southern Mull today and the ferry from Fionnphort to the island of Iona. There was then a walk to the bay at the 'Back of the Ocean', which has a fine area of machair and where the group had its picnic lunch. Much to enjoy here including corncrakes calling in the fields behind Martyr's Bay, eiders by the shore, wheatears and the wildlife pictured below.





Iona Abbey; garden tiger moth.



Dunlins and a heron, both at the 'Back of the Ocean' area on Iona.



Starlings in a mixture of plumages, Iona.

# Saturday 16 July - Staffa and Lunga

Today was the day for the boat trip to the Treshnish Isles on the boat from Tobermory with Staffa Tours. The first visit was to Staffa, including Fingal's Cave, to walk among the amazing volcanic basalt columns.



Staffa, from the boat.

That was followed by Lunga, with its tame seabirds, puffins especially. At one point on the return trip to Tobermory, nosed dolphins were surfing ahead of Staffa Tours boat.



Puffins are very tolerant of people on Lunga; they seem to have learnt that the presence of people helps to keep away predators such as great black-backed gulls.

# Sunday 17 July - Calgary Bay

Another coastal area today, with machair and mixed habitats. A low-flying golden eagle, a juvenile, allowed David B to get some good photos. Butterflies included common blue, meadow brown and speckled wood, and later a dark green fritillary was still enough to be photographed – so often this species is flying quickly past. Another star invertebrate was golden-ringed dragonfly.



Dark green fritillary, upperside and underside.



Golden eagle; golden-ringed dragonfly, with a bee.

Later the group was happy to enjoy the Calgary 'Art in Nature' exhibits, natural sculptures set in the lovely landscape here.



Group members in the field, then relaxing at Calgary.



Examples of 'Art in Nature' exhibits at Calgary.

#### Monday 18 July - local flowers, and Ulva

The value of local knowledge and contacts were clear today. The first example was visiting the garden of a friend of Ruth, to see lesser butterfly orchids. The second was that Ruth had seen a picture of oysterplant on social media, a shore species from northern latitudes, and she recognised the locality. With a little searching, we found it. Both are rather special plants and great to see.





Oyster plant; lesser butterfly orchid.

Next stop was Ulva, reached after summoning the ferry by moving a small wooden board fixed to the wall. Here we had lunch in The Boathouse followed by a local walk. Lunch is a reminder to highlight Ruth's "heart-warming delicious soups and her home-made cakes, which really spoiled us," as one group member put it.





Common blue butterfly on Ulva; The Boathouse, Ulva.

# Plant list, compiled by Sonia Donaghy.

| (terrestrial form)                                                     |
|------------------------------------------------------------------------|
| Angelica                                                               |
| Bell Heather                                                           |
| Bitter Vetchling                                                       |
| Bluebell in seed                                                       |
| Bog Asphodel                                                           |
| Bog Myrtle                                                             |
| Bog Pimpernel leaves                                                   |
|                                                                        |
| Bracken                                                                |
| Bramble Bramble                                                        |
| 2.delle.                                                               |
| Bramble                                                                |
| Bramble Broad-leaved Dock                                              |
| Bramble Broad-leaved Dock Broad-leaved Willowherb                      |
| Bramble Broad-leaved Dock Broad-leaved Willowherb Bush Vetch           |
| Bramble Broad-leaved Dock Broad-leaved Willowherb Bush Vetch Cat's-ear |

Alpine Meadow Rue

| Plant list, compiled      |
|---------------------------|
| Thalictrum alpinum        |
| Persicaria amphibia       |
| Angelica sylvestris       |
| Erica cinerea             |
| Lathyrus linifolius       |
| Hyacinthoides non-scripta |
| Narthecium ossifragum     |
| Myrica gale               |
| Anagallis tenella         |
| Pteridium aquilinum       |
| Rubus fruticosus          |
| Rumex obtusifolius        |
| Epilobium montanum        |
| Vicia sepium              |
| Hypochaeris radicata      |
| Sinapsis arvensis         |
| Chicorium intybus         |
|                           |

| Sonia Donaghy.                                             |  |  |  |  |  |
|------------------------------------------------------------|--|--|--|--|--|
| Cleavers                                                   |  |  |  |  |  |
| Common Bird's-foot-trefoil                                 |  |  |  |  |  |
| Common Centaury ?                                          |  |  |  |  |  |
| Common Cottongrass                                         |  |  |  |  |  |
| Common Knapweed                                            |  |  |  |  |  |
| Common Marsh-bedstraw                                      |  |  |  |  |  |
| Common Milkwort?                                           |  |  |  |  |  |
| Common Mouse-ear                                           |  |  |  |  |  |
| Common Nettle                                              |  |  |  |  |  |
| Common Ragwort                                             |  |  |  |  |  |
| Common Reed                                                |  |  |  |  |  |
| Common Sorrel<br>Common Spotted x Heath<br>Fragrant-orchid |  |  |  |  |  |
| Common Spotted x Heath<br>Spotted-orchid                   |  |  |  |  |  |

Common Spotted x Northern

Marsh-orchid

| Galium aparine                                                                                                                                                                          |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Lotus corniculatus                                                                                                                                                                      |
| Centaurium erythraea                                                                                                                                                                    |
| Eriophorum angustifolium                                                                                                                                                                |
| Centaurea nigra                                                                                                                                                                         |
| Galium palustre                                                                                                                                                                         |
| Polygala vulgaris                                                                                                                                                                       |
| Cerastium fontanum                                                                                                                                                                      |
| Urtica dioica                                                                                                                                                                           |
| Senecio jacobaea                                                                                                                                                                        |
| Phragmites australis                                                                                                                                                                    |
| Rumex acetosa Gymnadenia borealis x Dactyloriza fuchsia = Dactylogymnadenia cookeri Dactylorhiza fuchsii x D.maculata = D.x transiens Dactylorhiza fuchsii x D.purpurella = D.x venusta |

| Common Spotted-orchid        | Dactylorhiza fuchsii               |                             | A                             |
|------------------------------|------------------------------------|-----------------------------|-------------------------------|
| ·                            | •                                  | Lesser Burdock              | Arctium minus                 |
| Common Valerian              | Valeriana officinalis              | Lesser Hawkbit              | Leontodon saxatilis           |
| Corn Spurrey                 | Spergula arvensis                  | Lesser Sea-spurrey          | Spergularia marina            |
| Creeping Buttercup           | Ranunculus repens                  | Lesser Spearwort            | Ranunculus flammula           |
| Creeping Thistle             | Circium arvense                    | Lesser Trefoil              | Trifolium dubium              |
| Cross-leaved Heath           | Erica tetralix                     | Lousewort                   | Pedicularis sylvatica         |
| Cut-leaved Dead-nettle       | Lamium hybridum                    | Maidenhair Spleenwort       | Asplenium trichomanes         |
| Daisy                        | Bellis perennis                    | Male-fern                   | Dryopteris filix-mas          |
| Dame's Violet                | Hesperis matronalis                | Marsh Lousewort             | Pedicularis palustris         |
| Dandelion                    | Taraxacum officinale agg.          | Marsh Pennywort lvs         | Hydrocotyle vulgaris          |
| Devil's-bit Scabious         | Succisa pratensis                  | Marsh Ragwort               | Senecio aquaticus             |
| Dog's Mercury                | Mercurialis perennis               | Marsh Thistle               | Circium palustre              |
| Dove's-foot Crane's-bill     | Geranium molle                     | Marsh Willowherb            | Epilobium palustre            |
| Enchanters Nightshade        | Circaea lutetiana                  | Marsh Woundwort             | Stachys palustris             |
| English Stonecrop            | Sedum anglicum                     | Meadow Buttercup            | Ranunculus acris              |
| Eyebright                    | Euphrasia sp                       | Meadow Crane's-bill - blue  | Geranium pratense             |
| Fairy Flax                   | Linum catharticum                  | Meadow Crane's-bill - white | Geranium pratense             |
| Field Forget-me-not          | Myosotis arvensis                  | Meadow Vetchling            | Lathyrus pratensis            |
| Field Gentian                | Gentianella campestris             | Meadowsweet                 | Filipendula ulmaria           |
| Field Horsetail              | Equisetum arvense                  | Mouse-ear-hawkweed          | Pilosella officinarum         |
| Foxglove                     | Digitalis purpurea                 | Nipplewort                  | Lapsana communis              |
| Fuchsia                      | Fuchsia magellanica                | Northern Marsh-orchid       | Dactylorhiza purpurella       |
| Germander Speedwell          | Veronica chamaedrys                | Oxeye Daisy                 | Leucanthemum vulgare          |
| Goldenrod                    | Solidago virgaurea                 | Oysterplant                 | Mertensia maritima            |
| Grass-of-Parnassus Ivs       | Parnassia palustris                | Pignut                      | Conopodium majus              |
| Greater Bird's-foot-trefoil  | Lotus pedunculatus<br>(uliginosus) | Pineappleweed               | Matricaria discoidea          |
| Greater Butterfly-orchid     | Platanthera chlorantha             | Purple-loosestrife          | Lythrum salicaria             |
| Greater Sea-spurrey          | Spergularia media                  | Pyramidal Orchid            | Anacamptis pyramidalis        |
| Green Alkanet                | Pentaglottis sempervirens          | Ragged Robin                | Silene flos-cuculi            |
| Hard-fern                    | Blechnum spicant                   | Raspberry                   | Rubus idaeus                  |
| Harebell                     | Campanula rotundifolia             | Red Bartsia                 | Odontites verna               |
| Heath Bedstraw               | Galium saxatile                    | Red Campion                 | Silene dioica                 |
| Heath Fragrant-orchid        | Gymnadenia borealis                | Red Clover                  | Trifolium pratense            |
| Heath Groundsel              | Senecio sylvaticus                 | Red Fescue (grass)          | Festuca rubra                 |
| Heath Spotted-orchid         | Dactylorhiza maculata              | Ribwort Plantain            | Plantago lanceolata           |
| Heath Spotted-orchid - white | Dactylorhiza maculata              | Rosebay Willowherb          | Chamerion angustifolium       |
| Heath Spotted x Northern     | Dactylhoriza maculata x            | Sanicle lvs                 | Sanicula europaea             |
| Marsh-orchid                 | D.purpurella = D. x                | Sea Arrowgrass              | Triglochin maritima           |
| Heather                      | formosa                            | Sea Aster                   | Aster tripolium               |
| Heather                      | Calluna vulgaris                   | Sea Campion                 | Silene uniflora               |
| Hedge Bedstraw               | Galium album (mollugo)             | Sea Mayweed                 | Tripleurospermum<br>maritimum |
| Hedge Woundwort              | Stachys sylvatica                  | Sea Plantain                | Plantago maritima             |
| Hemlock Water-dropwort       | Oenanthe crocata                   | Sea Fiantain                | Raphanus raphanistrum         |
| Herb-Robert                  | Geranium robertianum               | Sea Radish                  | ssp maritimus                 |
| Hoary Ragwort                | Senecio erucifolius                | Sea Rocket                  | Cakile maritima               |
| Hoary Willowherb             | Epilobium parviflorum              | Sea-milkwort                | Glaux maritima                |
| Ivy-leaved Toadflax          | Cymbalaria muralis                 | Seaside Centaury            | Centaurium littorale          |
| Juniper                      | Juniperus communis                 | Selfheal                    | Prunella vulgaris             |
| Kidney Vetch                 | Anthyllis vulneraria               | Shallon                     | Gaultheria shallon            |
| Knotted Pearlwort            | Sagina nodosa                      | Silverweed                  | Potentilla anserina           |
| Lady's Bedstraw              | Galium verum                       | Skullcap                    | Scutellaria galericulata      |

Slender St John's-Wort Smith's Pepperwort Smooth Hawk's-beard Sneezewort Soft Lady's-mantle Soft-rush Spear Thistle Spear-leaved Orache Sticky Mouse-ear **Thrift** Thyme-leaved Sandwort Tormentil **Tufted Vetch** Turkey Oak **Upright Hedge Parsley** Water Avens GO Water Figwort Water Forget-me-not

Hypericum pulchrum Lepidium heterophyllum Crepis capillaris Achillea ptarmica Alchemilla mollis Juncus effusus Circium vulgare Atriplex prostrata Cerastium glomeratum Armeria maritima Arenaria serpyllifolia Potentilla erecta Vicia cracca Quercus cerris Torilis japonica Geum rivale Scrophularia auriculata Myosotis scorpioides

Water Mint
Watercress
Welsh Poppy
White Clover
Wild Carrot
Wild Garlic
Wild Thyme
Wood Sage
Wood Speedwell
Yarrow
Yellow Iris - leaves no pods
Yellow Pimpernel
Yorkshire Fog (grass)

160 species recorded ? difficult to identify without detailed examination Names mostly after Stace C. New Flora of the British Isles

Mentha aquatica
Nasturtium officinale
Meconopsis cambrica
Trifolium repens
Daucus carota
Allium ursinum
Thymus polytrichus
Teucrium scorodonia
Veronica montana
Achillea millefolium
Iris pseudacorus
Lysimachia nemorum
Holcus lanatus

GO = gone over (not in flower)







Heath spotted orchid; northern marsh orchid; heath fragrant orchid.