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Flowers and birds in the Dordogne 6 – 13 May 2010

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Holiday participants

Bruce and Sally Bennett David and Steph Bennett Derek Boughton Ian and Fiona Codd Sue Lewis-Jones and Peter Easingwood Glennys and John Gomme

Leader: Chris Durdin

Report by Chris Durdin

Photos by Bruce Bennett (black woodpecker, tree sparrow, tree pipit, firecrest), David Bennett (group picture, midwife toad, lesser horseshoe bats) and Chris Durdin (others). Cover: black woodpecker, meadow fritillary and green-winged orchids between Lagrave and Castang.

Our hosts at Castang: Cathy, Keith and Olivia Parker. www.castang.info

This holiday, as for every Honeyguide holiday, also puts something into conservation in our host country by way of a contribution to the wildlife that we enjoyed. The conservation contribution this year of £35 per person towards the 'Refuges LPO' project was supplemented by gift aid through the Honeyguide Wildlife Charitable Trust, leading to a total of £483.

This year there also are donations for LPO through holidays in the Cévennes and in the French Pyrenees. These will be combined and passed to our LPO friends in the French Pyrenees in September.



As at the end of April 2010 the total for all conservation contributions through Honeyguide since 1991 was £64,066.

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Thursday 7 May - Stansted to Castang

Leaving a warm and sunny Stansted on General Election day, we descended through the cloud to arrive on time at an overcast Bergerac. At least there was no sign of yesterday's snow flurries here. We were quickly through the simple arrivals shed and there were Steph and David who had arrived a little before us from Liverpool – and of course Gilles and the bus. Immediately there were black kites, in high numbers around the airport, and we noted a song thrush on a grassy roundabout. Blossom on trees was noticeable, especially Judas trees and foxglove trees in gardens and the white of the abundant alien false acacia. Flowers included big patches of purple meadow clary and the occasional glimpsed orchid, but mostly it was a case of enjoying the scenery and having a gossip for the hour's journey along the Dordogne River valley to Castang. Cathy, Keith and Olivia greeted us, their second Honeyguide group this spring on account of the Central Portugal contingent who had spent a night here two weeks ago on their long trek across Europe after their flight was cancelled during the six-day volcano ash disruption.

It was already dinnertime but we had a quick look in Castang's wonderful meadow first, where the earliest two orchid species – early spider and green-winged – were already showing signs of going over. Kir was an ideal aperitif before tucking into our first of Cathy's legendary five course meals, tonight starting with home-made tomato soup, then smoked salmon followed by the main course of guinea fowl with beans. Then came the cheeseboard with a choice of six cheeses and finally chocolate cake, with coffee or lime-flower tea to finish.

Friday 8 May - local walks around Castang

It was overcast and distinctly cool but that didn't stop almost the entire group gathering on the road at 7:45 for a pre-breakfast birdwatching walk. There was a male cirl bunting on a wire and a more distant black redstart on a hedgerow top, from where a melodious warbler was heard but not seen. Wandering down the hill, we stopped birdwatching to look at narrow-leaved helleborine and lady orchid. A wryneck was calling loudly as we came back through Castang, a party of long-tailed tits flew across the gap ahead of us and a firecrest sang from a couple of pines. As we went into breakfast there was a willow warbler singing from the birches: a temporary territory for a migrant on its way north, I explained, but Keith and Cathy then said it had been around for about a month, so that's quite a long 'temporary'. It was the last day we heard it.

It was still cool as we headed past the crimson clover field after breakfast. A wood white butterfly prompted an explanation of how it has been discovered that there are two (to us) identical species, known now as wood white and Real's wood white. Though these are separable on range in the British Isles ('true' wood white is now scarce in Britain and on the Burren in Ireland, Real's wood white in the rest of Ireland) they aren't separable here, having only subtle habitat differences and given that we can't examine genitalia or sense differing pheromones.

We looked at a growing list of local plants, including the patch of plants like bracken and sweet chestnut that indicated a small acidic outcrop of soil. A black kite glided effortlessly past, and the fluty call of a golden oriole came from an oak copse, followed quickly by the 'cat-call' of a female. Then the wryneck started to call again and there it was, sitting in view on some dead branches at the top of an oak, long enough for everyone to see it through the 'scope. A male wheatear on a wire was replaced by a male cirl bunting as we turned left past the big old millstones into the hamlet of Lagrave. We admired the pond and the old walk-in bread oven, plus rustyback ferns, biting stonecrop and a very smart male black redstart on walls and a roof.

Leaving Lagrave, a meadow on the right hand side was rich with milkwort and scores of green-winged orchids, plus a little scattering of tongue orchids. A cuckoo called, a buzzard flew through and our second nightingale of the morning sang loudly. As the sun came out so did the patches of blue flax and immediately some butterflies were coaxed into life, namely knapweed fritillaries and common blues,

then both 'ordinary' and scarce swallowtails. The latter was also over Castang's meadow as we returned for lunch, and the willow warbler was still singing.

After a super spread of salads we headed past the crimson clover field, stopping for a while in a meadow on the right. An ascalaphid emerging into the warm afternoon caught my eye, and within a few minutes there were several. Glanville fritillary was new here, near the patch of sainfoin. Turning right we dropped into the edge of the oak wood where there were many fine lady orchids, often deep in the shade. Bruce picked up on a hoopoe flying over the open area below the wood.

We continued into Coux, seeing our best serin so far, looked briefly at the newly gentrified area round the old church then turned towards *La Plage*. An interesting new butterfly here was short-tailed blue – which took some puzzling over – and even better, a large copper, though this was seen better on the return by those that walked. Past the asparagus beds and kiwi fruit espaliers, we were soon nearing the river, noting the murals of fish – painted by Olivia's school class some 10 or so years ago – and trees. Two common sandpipers flew from the 'beach' and we were lucky enough to find a heron, a little egret and a kingfisher, plus scores of swallows hawking for insects over the water. Keith then kindly collected six of the group and the other six walked back to Castang.

After tea and checklists, another five courses to tackle: leek soup, omelette, pork in mustard sauce with carrots, cheeses and pear tart.

Saturday 9 May - woodland walk and Limeuil

Another cold and wet morning and we set off to retrace our steps from yesterday afternoon to try to find Derek's hat in the wood, which we did. I heard a marsh tit, we all saw our first jackdaws and there was a dunnock singing in Le Coux. On the way back up the hill, a nightingale sang on an exposed perch on some false acacia long enough for about half of the group to see it.

We loaded several of Cathy's umbrellas into the bus alongside the picnics in the hope that they would keep the rain away, which they did after about an hour of our walk alongside the wood near Bigaroque. The combination of the late spring and today's wet weather meant the show of flowers was limited, though most were there in small numbers, including Nottingham catchfly, globularia and horseshoe vetch. Common twayblade was the only new orchid, with many lady orchids and narrow-leaved helleborines, though not an *Ophrys* to be seen. Fiona found a raptor, the first of many honey buzzards today, and John pointed out a big patch of the parasitic purple toothwort round the base of a poplar, presumably its host. A Cetti's warbler shouted loudly even by Cetti's warbler standards and we also heard woodlark and cuckoos singing, the latter with an interval that Ian with his musical ear agreed was a major third. In the last section of the walk a Bonelli's warbler sang clearly in some thin oaks and pines, and with a little prompt from the recording on my phone came low over us, quivering its wings at the challenge of another bird in its territory.

I suspect Gilles was surprised that we were at the bus by as soon as 12:30, our speed quite high with the cool weather, but it gave lots of time to explore the meadows round the crossroads. We quickly added burnt-tip, military and loose-flowered orchids to the list, two magnificent hobbies flew round and round and more honey buzzards came over. We dropped into the meadow beyond the huge white poplars where there were more orchids among the masses of chalk milkwort.

It was getting much warmer now and we settled to picnic in a dry meadow. Just as we finished I heard a loud call that I recognised as black woodpecker – not a bird we've seen before in the Dordogne and apparently a bit beyond the edge of its range, from the map in the Collins Bird Guide. Independently, Sally thought she'd glimpsed a black woodpecker fly through, but had reconciled herself to it being a crow. Out came the phone/MP3 player and mini-speaker and soon the black woodpecker was flying round us. Gilles came from the bus to appreciate this amazing bird and we spent some time watching it with many views in flight and the odd glimpse of it settled. We also saw short-toed treecreeper and nuthatch before packing up and taking the short drive to Limeuil.

A deviation took us along the hill crest, where Gilles dropped us. After appreciating both loo and view, we wandered slowly down through this pretty village. In the garden at the bottom, overlooking the river, the local tree sparrows (*one below*) proved as reliable as ever, about six in a group among the vipers bugloss. Bruce found our first painted lady, a hornet inspected holes in a wall and Peter found



two green lizards soaking up the warmth on the wall by the river. We then did the same, only at café tables overlooking the confluence of the rivers Dordogne and Vézère (*below*) from where we added cormorant and grey wagtail to the bird list and heard more orioles.

Gilles had noted some violet birdsnest orchids (limodors) in flower on the roadside so we stopped to look at a group of some 30 on the return journey. Dinner was pumpkin soup, melon with port, lamb with flageolet beans, cheese and *vacherin*.



<u>Sunday 10 May – the 'two views' walk at Berbiguières and Montalieu Haut</u> Another cool morning with specks of rain before breakfast. In Langle, a cirl bunting sat clearly on a wire and the Chateau at Cazenac had a black redstart on its chimney, but otherwise it was quiet.

Gilles dropped us in Berbiguières on the south of the river, where we first looked out from the road bridge of a wooded gulley towards thick oak forest from where there was the sound – but no sight – of orioles. A man with a very large key appeared as we stood near the church, so we assumed he'd spotted us and that he had assumed, rightly, that we'd be glad to take a look inside the simple but elegant building. A swallow also took advantage of the open door so we took care to leave it ajar as we left. It's a pretty village, though the grey weather meant the soft yellow stone lost some of its appeal, but the hanging white wisteria still looked stunning. We climbed up the path through the wood to emerge on the crest of the hill, turning right along the hilltop. Despite intermittent drizzle there was woodlark giving its lu ... lu ... lu song, and warm moments brought out small blue butterflies. Fiona was persuaded to have a go with the net as some fritillaries got going and expertly netted a meadow fritillary.

It was curious how the impact of the long cold winter and late spring varied between orchid groups, here and elsewhere. Generally the *Orchis* orchids were just slightly behind: the lady orchids here as elsewhere were stunning, we found a fine monkey orchid and there was terrific patch of burnt-tip orchids mixed with limadors. But the *Ophrys* orchids were really playing hard to get: just two

woodcock and three fly orchids, all just with one bloom, their first. But then that still meant four new orchids for the week: cameras worked overtime and there were some ingenious efforts with brollies to keep them dry. The four grew to six when we met up with Gilles and he led us to birdsnest and greater butterfly orchids in the wood.

After lunch we headed east to Montalieu Haut where the vegetation has a more southern character, with shrubs including Mediterranean buckthorn, Montpellier maple and Mediterranean coriaria. There were some patches of wild candytuft in a field, frustratingly some way away beyond a fence, but this was no barrier for a superb tree pipit *(below)* that did what tree pipits are supposed to do, soaring from its





treetop perch and parachuting down to an exposed perch again. Moving on there were many striking looking bastard balm flowers, great patches of yellow hairy greenweed subshrubs: columbine (*left*) and narrow-leaved lungwort were two other new flowers.

As the path dropped down to the final, more open stretch towards where Gilles had driven

to meet us, a freshly emerged scarce swallowtail quivered as it dried. On the stony slopes was the silvery-leaved pea argyrolobium and over it a Berger's clouded yellow. Bright blue gromwell shone from under a hedge by where the bus was parked.

There were two quick stops on the way back. The first was to

check out some roadside orchids, which were early purples, though rather better were 20 or so fully out fly orchids. The second was to view the impressive riverside buildings at Beynac, with castle and village built on a steep cliff. Heavy rain and the hour meant we didn't stop beyond a photo opportunity and we headed back to Castang, where it hadn't rained.

After tea, it was time for the third Olivia-vs-Chris running race, a little less impromptu than the previous years' short sprints home, this year with a circuit of local lanes to test stamina. I discovered firstly that there were two quite steep uphill sections on the way to Lagrave and (later) that Olivia had been in training, with running being part of her Baccalaureate. Though age narrowly beat beauty back onto the gravel drive, the psychological win was hers as she recovered in minutes whereas it took me all evening. Batteries were recharged with the help of vegetable soup, pork terrine, salmon in hollandaise sauce, cheese and strawberries.

Monday 11 May - Keith's walk

At last, a warm dry morning. We headed towards Lagrave to try to find a common redstart that Ian and Fiona found previously, but there were just the usual black redstarts on the rooftops. A black kite settled on a ploughed field and seemed to be catching worms. On the return leg, though, we did find a

whitethroat, then a melodious warbler then a whinchat on the same tree as the warbler.

Keith was willingly pressed into service as this morning's walk leader. We had perfect walking conditions, and he offered insights into buildings, farming and the way of life here. This started with Castang's origins as a tobacco farmhouse and how the property was adapted to dry the leaves after



harvest. We went down the hill, over a fence and into a field with a steadily deteriorating *pigeonier*, with little prospect of repair for this isolated yet elegant building. In the woods we looked at the *abreuvoir*, a stone sluice now getting overgrown, then on into a small quarry with fossilised shellfish in the limestone rocks, showing how once this area was under the sea. Reaching a junction in the hamlet of les Valades, a singing firecrest (*previous page*) was encouraged by a recording to sing to us, offering amazing views, including its fiery orange crown stripe. At that same point there was a male common redstart on a barn roof.

We were joined at lunch by Pam Ive, a Honeyguider from the neighbouring department of The Lot who had come with her friend Julie for the afternoon. Julie joined several of us as we filled the free afternoon by pottering around the meadow. The first bee orchid was now in flower and David demonstrated quick learning skills with the butterfly net by catching a sooty copper in a matter of seconds. Most of us walked down the meadow's slope where we found several loose-flowered orchids and many adderstongue ferns towards the damp area at the bottom. After dipping into the dry lady orchid meadow across the road, where some of flowers were showing signs of going over in today's heat, we returned up the hill, adding wall brown and black-veined white butterflies to what we'd seen so far. As we stood there, a Dutch couple told us about a large moth on the outside of their holiday house in the woods, where their boys led us to see this superb giant peacock moth (right), plus a cream-spot tiger moth next to it.





Tuesday 12 May - Le Bugue and the cave walk

A few drops of rain at aperitif time soon turned to lightning, thunder and rain during dinner – lentil soup, seafood terrine, beef, cheese and almond tart – but that blew over, so going out wasn't a problem. We walked to Lagrave for an evening chorus of whistling midwife toads and with a little searching found three by or in a wall, one of which was a male carrying eggs (*left*). There were also four just inside the walk-in bread oven, three of which were carrying strings of eggs wrapped round their back legs, so everyone had close-up views of this amazing little amphibian.

We did our own thing before breakfast, though five of us met up in the wood by the house with the giant peacock moth – which had gone – and watched a red squirrel in the tree tops. A hen harrier flew through.

A little owl on a roof corner was a second 'write-in' on the bird list for the morning as Gilles took us to La Bugue. The flora on the limestone slopes, like in many places, was lagging behind its usual progress following the cold winter, though we did find our first fumana and a sprinkling of fly, man and other orchids. The mixed Scots pine and oak woods looked like they had crested tit potential, but none responded to the recording, though we again had excellent views of Bonelli's warbler. An hour and a half was ideal to take in the sounds, sights and scents of La Bugue's busy market day, have a drink (most of us at the Bar Menhir with the nesting swallows) and pick up yesterday's English newspapers to check on progress in the governance of Britain after the election's hung parliament result. There was a cormorant in the River Vézère as we took the riverside walk towards the coach, plus sand martins disappearing into drainage holes in walls and spotted flycatchers doing what flycatchers always do. Gilles suggested a one-minute coach ride to a quieter riverside spot by a mill, a roof with ducks sitting on the ridge and a nice view over the dame's violets on the bank and sheets of water crowfoot midstream.

A burst of sunshine on the afternoon walk briefly brought out some butterflies, including an iridescent green hairstreak. Following a brimstone down a track brought us into a meadow with yellow rattle, scores of pyramidal and burnt-tip orchids on the dry bits and loose-flowered orchids on damper low-lying areas. Swallowtails and ascalaphids quartered the meadow. But the sun soon dropped behind a cloud and we made steady progress along the walk, little interrupted by new sightings, though it was noticeable how a distinct silence turned into something like a dusk chorus as dark clouds gave a feeling of evening. There was just the one blooming greater butterfly orchid, but where we emerged onto the meadow it was richer, notably two species of tongue orchids and our first sombre bee orchids. A few yards farther on, a horse paddock with two cantering horses was thick with sombre bee orchids: there must have been 1,000 or more. We reached the bus just as the rain started. But this was good timing: after enjoying Gilles parking the bus under the trees in the main car park, next was the Gouffre de Proumeyssac, where most of the group enjoyed the tour of the 'crystal cathedral.' A shrug of the shoulders from the lady on the ticket desk suggested that Peter's binoculars were OK as collateral for

the earphones with the English commentary for the 10 going underground – which didn't include Peter.

After tea and checklists, many took a look at Castang's lesser horseshoe bats (*right*) before our dinner of '100 vegetables' soup, pastry parcels, *confit de canard*, cheeses and cherry tart with raspberry coulis.



Wednesday 13 May - Font de Gaume and Roque St Christophe

There was no sign of the red squirrel where it had been yesterday but a hoopoe feeding on the ground wasn't a bad substitute this cool and grey morning. We headed off towards Cazenac Chateau in the hope of an oriole, which called and didn't show, as usual. Two possible hawfinches zapped over and a hobby dashed closely past.

Leaving Sally to explore Les Eyzies, we took the walk from the ticket office at Font de Gaume to the cave's entrance past some rich slopes, botanically-speaking, including meadow saxifrage, white rockrose, bloody cranesbill and Nottingham catchfly, until we were standing under the Montpellier maple waiting for our guide. She explained that the English-speaking guide was unwell, but her clear French, some valuable English expressions and Sue's expert translation meant we missed very little. We all marvelled at Cro Magnon's man's skills in poor light to blend painting, engraving and the natural contours of the rocks to leave clear polychromatic pictures of bisons, reindeers and horses that we can still appreciate 13,000 years later. We all left with a sense of privilege to see these original works of art.

After souvenir shopping, we headed towards Roque St Christophe, first stopping at Maison Forte de Reignac to see if we could find the nesting peregrines there. We couldn't, though there were crag martins, but there was a peregrine perched on a branch as we went under the cliff-face at Roque St Christophe. We stopped to find it, then re-find it after it flew from one perching point to another, with John's scope valuable for good views and an attempt at digiscoping – so much so that the peregrine was one of Glennys's holiday highlights. Our picnic was on the tables at Roque St Christophe, followed by a visit for warming hot chocolates at the café, by which tuberous comfrey grew.

No-one fancied more history so we all explored the woods and, especially, the meadows. There was only the occasional burst of sun, but it was enough to warm us a little and to give butterflies an uneasy choice of staying still or getting moving. A green-veined white was our first new butterfly, followed quickly by distinctive and brightly coloured marsh fritillaries. Leaving the meadow we walked through the wood to a dry limestone slope, which was largely intact despite some scrub removal and a track that had been bulldozed through it. There was no sign of the bug orchids that sometimes show here, no surprise this late season, but Oberthur's grizzled skipper and our first Adonis blue were ample compensation. We failed again to call up crested tit, but a red kite did show at that point. Fiona found a small clump of birdsnest orchids under a tree near the track before we retraced our steps to the meadow. Here there were military orchids, adderstongue ferns, and more marsh fritillaries and our first mazarine blue.

Between the lower meadow and the bus was shady grassland with some common spotted orchids in bud and in the shady wood edge were early purples. Gilles then proudly showed us a particularly large twayblade before we headed back to Castang for tea.

We shared holiday highlights over our dinner of carrot soup, mixed salad with fried goats cheese, chicken in tarragon sauce, cheese and apple tart.

Thursday 14 May – local walk, then Bergerac and home

We'd been hearing golden orioles all week but none had shown themselves. Fiona was the lucky – or persistent – one; she had an excellent view before breakfast, while others were packing.

It's Honeyguide's tenth year at Castang, which is every reason to try something different, so I studied the local map with Keith, Cathy and Olivia over breakfast and we came up with a new local walk to try. It was cool but dry as we set off through Lagrave, briefly along and over the not very busy main road. This led to a walk along quiet roads and the occasional dry track along the top of an east-facing slope, through some scattered houses and into Coux. A singing skylark was a new bird for the week, and in one of several dry, orchid-rich meadows, a white helleborine, just coming into flower, was our 25th orchid of the week. A friendly dog joined us for some of the walk but had to be sent firmly away as we crossed the main road into Coux, then we wound our way back up the hill, enjoying a cirl bunting on the ridge of a roof and the usual scattering of black redstarts on chimney pots for a final time.

Lunch was sandwiches, and enlivened by both Olivia and Ian playing the piano. Gilles and the bus were there in good time, so there was time for a group photo before setting off to Bergerac. There were at least three hobbies with the flock of swifts over the Dordogne river on route. A padlocked barrier was in the way of the best place for the bus to drop us off but proved no obstacle: Gilles knew the padlock's combination! Staying a little longer in France didn't seem such a bad idea but there was no volcano ash to delay us and both Liverpool and Stansted flights left promptly and arrived early.

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Holiday highlights - we collected group members' highlights over dinner on the final evening.

Fiona: Chris getting excited about the black woodpecker and shouting for Gilles; Gilles's driving.

Ian: firecrest with its crest raised; lovely countryside; hospitality and lovely meals.

Sue: so many firsts: firecrest; black woodpecker; giant peacock moth; orchids; company and food.

Derek recalled nine wonderful Honeyguide holidays, the first of which returned home nine years ago today, then nominated tree pipit with its parachute flight.

David: everything; Keith setting off through the meadow where we'd been careful not to trample it; catching a sooty copper.

Steph: cirl bunting and knowing what it was a week later (with a hug!); abundance of orchids.

Bruce: Castang, its meadow and its hosts; orchids; black woodpecker chase; photographing a firecrest; midwife toads; Font de Gaume.

Sally: ambience of Castang; firecrest displaying.

John: holiday altogether, the group; firecrest; crystal cathedral.

Glennys: the same as John, plus the peregrine.

Peter: giant peacock moth; the walks; dinner and the Bergerac red!

Chris: black woodpecker; hobbies; Cathy's soups; midwife toads; red squirrel; finding Derek's hat; the race!

WILDLIFE LISTS

BIRDS

H = heard only

Little egret Cormorant Grey heron Mute swan Mallard Honey buzzard Black kite Red kite Hen harrier Buzzard Kestrel Hobby Peregrine Pheasant Moorhen Common sandpiper Feral pigeon Woodpigeon Collared dove Turtle dove Cuckoo H Little owl Tawny owl H Swift Kingfisher Hoopoe Wryneck Green woodpecker Black woodpecker Great spotted woodpecker Woodlark Skylark Tree pipit Sand martin Crag martin Swallow House martin Grey wagtail White wagtail Wren

MAMMALS

Roe deer Rabbit Hare Red squirrel Badger (dead) Lesser horseshoe bat Dunnock Robin Nightingale Black redstart Common redstart Whinchat Stonechat Wheatear Blackbird Song thrush Mistle thrush Spotted flycatcher Cetti's warbler H Melodious warbler Whitethroat Blackcap Bonelli's warbler Chiffchaff Willow warbler Firecrest Long-tailed tit Marsh tit H Blue tit Great tit Nuthatch Short-toed treecreeper Golden oriole Jay Magpie Jackdaw Carrion crow Starling House sparrow Tree sparrow Chaffinch Serin Greenfinch Goldfinch Cirl bunting Corn bunting

REPTILES AND AMPHIBIANS

Wall lizard Green lizard Frog sp. Midwife toad

BUTTERFLIES

- Swallowtail Scarce swallowtail Black-veined white Large white Green-veined white Orange-tip Berger's clouded yellow Brimstone Wood white
- Green hairstreak Large copper Sooty copper Small blue Mazarine blue Adonis blue Common blue

Red admiral Painted lady

Glanville fritillary Knapweed fritillary Meadow fritillary Marsh fritillary

Small heath Pearly heath Speckled wood Wall

Dingy skipper Grizzled skipper Oberthur's grizzled skipper

DRAGONFLIES AND DAMSELFLIES

Common blue damselfly Broad-bodied chaser Four-spotted chaser

MOTHS

Mostly day-flying * nocturnal British checklist numbers given from Waring & Townsend

Giant peacock moth* 163 Forester 169 6-spot burnet 1894 Latticed heath 2021 Pine processionary (tent) 2058 Cream-spot tiger * 2463 Burnet companion (*right*)

Micro-moths

Spindle-ermine (caterpillar/tent)



OTHER INSECTS

Ascalaphid *Libelluloides longicornis* Hornet Violet carpenter bee Bee-fly sp. *Trichodes alvearius*, a red and black soldier beetle Cardinal beetle *Dictyoptera aurora* Cardinal beetle *Pyrpchroa coccinea* Rose chafer *Cetonia cuprea* Cockchafer *Oxythyrea funesta* a chafer Firebug 7-spot ladybird Field cricket Mole cricket H Water boatman

SPIDERS AND OTHER INVERTEBRATES

House centipede *Scutigera coleoptrata* Roman (edible) snail Garden snail Slug Arion ater

PLANTS

ACERACEAE (Map	ble)
Acer campestre	Field maple
Acer monspessulanum	Montpelier maple
ARACEAE (Arum	
Arum italicum	Large (or Italian) lords & ladies
ARALIACEAE (Iv	y)
Hedera helix (hibernica)	Ivy
ASCLEPIADACEAE (Mi	ilkweed)
Vincetoxicum hirundinaria	Swallow-wort
BORAGINACEAE (Bo	rage)
Anchusa arvensis	Bugloss
Buglossoides purpurocaerulea	Blue (or purple) gromwell
Echium vulgare	Viper's bugloss
Lithospermum officinale	Common gromwell
Pulmonaria longifolia	Narrow-leaved lungwort
Symphytum officianale	Tuberous comfrey
BUXACEA (Box)	•
Buxus semervirens	Box
CAMPANULACEAE (Bel	lflower)
Campanula rapunculoides	Rampion bellflower
CAPRIFOLIACEAE (Hone	eysuckle)
Lonicera carpifolium	Perfoliate honeysuckle
Lonicera xylosteum	Fly honeysuckle
Sambucus ebulus	Dwarf elder nif
Sambucus nigra	Elder
Viburnum lanata	Wayfaring tree nif
CARYOPHYLLACEAE	(Pink)
Arenaria serpyllifolia	Thyme-leaved sandwort
Cerastium fontanum	Common mouse-ear
Lychnis flos-cuculi	Ragged robin
Sagina procumbens	Procumbent pearlwort
Silene alba	White campion
Silene nutans	Nottingham catchfly
Silene vulgaris	Bladder campion
Stellaria holostea	Greater stitchwort
CELASTRACEAE (Spi	ndle)
Euonymus europaeus	Spindle
CHENOPODIACEAE (Go	osefoot)
Chenopodium album	Fat hen
CISTACEAE (Cistua	s)
Fumana procumbens	Common fumana
Helianthemum appenninum	White rockrose
Helianthemum nummularium	Common rockrose

COMPOSITAE (Dai	sy)
Arctium minus	Lesser burdock nit
Artemisia vulgaris	Mugwort nit
Artemesia sp.	Unidentified wormwood nit
Bellis perennis	Perennial daisy
Carlina vulgaria	Carline thistle (old)
Centaurea nigra	Black knapweed
Cirsium eriophorum	Woolly thistle nit
Hieracium maculatum	Spotted hawkweed
Leucanthemum vulgare	Ox-eye daisy
Pilosella officinarum	Mouse-ear hawkweed
Senecio jacobea	Ragwort
Senecio vulgaris	Groundsel
Sonchus asper	Prickly sow-thistle
Sonchus oleraceus	Smooth sow-thistle
<i>Taraxacum</i> (group)	Dandelion
Tragopogon pratensis	Goatsbeard=Jack-go-to-bed-at-noo
CONVOLVULACE Convolvulus arvensis	Field bindweed
Cuscuta epithymum	Common dodder
CORIARIACEAE (Co	
Coriaria myrtifolia	Mediterranean coriaria M
CORNACEAE (Cor	
Cornus sanguinea	Dogwood
CORYLACEAE (Ha	C C
Corylus avellana	Hazel
CRASSULACEAE (Stor	
Sedum acre	Biting stonecrop
Umbilicus rupestris	Navelwort/wall pennywort
CRUCIFERAE (Cre	
Alliaria petiolata	Garlic mustard
Arabis burrita	Towercress
Barbarea vulgaris	Common wintercress
Capsella bursa-pastoris	Shepherd's-purse
Cardamine impatiens	Narrrow-leaved bittercress
Hesperis matronalis	Dame's violet
Iberis amara	Wild candytuft
Sisymbrium officinale	Hedge mustard
CUCURBITACEAE (C	
Bryonia cretica	White bryony
CUPRESSACEAE (Cy	
Juniperus communis	Juniper
CYPERACEAE (Sec	lge)
Carex flacca	Glaucous sedge or carnation grass
DIOSCOREACEAE (*	Yam)
Tamus communis	Black bryony
DIPSACACEAE (Scat	
Knautia arvensis	Field scabious
Knautia dipsacifolia	Wood scabious
Dipsacus fullonum	Teasel nit
EUPHORBIACEAE (S	
Euphorbia amygdaloides Euphorbia cyparissias	Wood spurge
Euphorbia cyparissias Euphorbia helioscopia	Cypress spurge Sun spurge
Euphorbia hetoscopia Euphorbia hyberna	Irish spurge
Mercurialis perennis	Dog's mercury nit
mercurians percinits	

FAGACEAE		
Aesculus hippocastanum	Horse chestnut (planted)	
Castanea sativa	Sweet chestnut	
Quercus pubescens	Downy oak	
GENTIANACEAE (Ge	entian)	
Blackstonia perfoliata	Yellow-wort	nif
GERANIACEAE (Gera	nium)	
Erodium cicutarium	Common storksbill	
Geranium columbinum	Long-stalked cranesbill	
Geranium dissectum	Cut-leaved cranesbill	
Geranium molle	Dovesfoot cranesbill	
Geranium purpureum	Little robin	
Geranium robertianum	Herb robert	
Geranium rotundifolium	Round-leaved cranesbill	
Geranium sanquineum	Bloody cranesbill	
GLOBULARIACEAE (G	· ·	
Globularia vulgaris	Globularia	
GRAMINEAE (Grass) - very	•	
Agrostis tenuis	Common bent	
Briza media	Common quaking-grass	
Dactylis glomerata	Cocksfoot	
Melica uniflora	Wood melick	
IRIDACEAE (Iris		
Iris pseudacorus	Yellow flag iris	
JUGLANDACEA		
Juglans regia	Walnut	
LABIATAE (Mint		
Ajuga reptans	Common bugle	
Glechoma hederacea	Ground ivy	
Lamiastrum galeobdolon	Yellow archangel	
Lamium amplexicaule	Henbit dead-nettle	
Lamium maculatum Lamium purpurgum	Spotted dead-nettle Red dead-nettle	
Lamium purpureum Lavandula angustifolia	Lavender M	nif
Melittis melissophyllum	Bastard balm	1111
Salvia pratensis	Meadow clary	
Salvia verbeneca	Wild clary	
Stachys recta	Yellow woundwort	nif
Teucrium chamaedrys	Wall germander (leaves)	
Thymus serpyllum	Wild thyme	
LEMNACEAE (Ducky	weed)	
Lemna minuscula		
LILIACEAE (Lily	<i>'</i>)	
Muscari atlanticum	Grape hyacinth	nif
Muscari comosum	Tassel hyacinth	
Ornithogalum pyrenaicum	Bath asparagus/spiked	
	Star-of-Bethlehem	nif
Ornithogalum umbellatum	Common star-of-Bethlehem	
Ruscus aculeatus	Butcher's broom	
LINACEAE (Flax		
Linum bienne	Pale flax	
Linum catharticum	Fairy (= purging) flax	
Linum suffruticosum	Pyrenean or white flax	
MALAVACEAE (Ma		12
Malva sylvestris	Common mallow	nif

NYMPHACEAE (Water lily)		
N	uphar lutea	Yellow water lily nif
	OLEACEAE (Olive)	
L	igustrum vulgare	Wild privet
	ORCHIDACEAE	
Α	ceras anthropophorum	Man orchid
A	nacamptis pyramidalis	Pyramidal orchid
С	ephalanthera damosonium	White helleborine
С	ephalanthera longifolia	Narrow-leaved helleborine
	actylorhiza fachsii	Common spotted orchid (bud)
	pipactis helleborine	Broad-leaved helleborine (leaves)
	Iimantoglossum hircinum	Lizard orchid (bud)
	imodorum abortivum	Violet birdsnest orchid (= limodor)
	istera ovata	Common twayblade
	leottia nidus-avis	Birdsnest orchid
	phrys apifera	Bee orchid
	phrys fusca	Sombre bee orchid M
	phrys insectifera	Fly orchid Woodcock orchid M
	phrys scolopax phrys sphegodes	Early spider orchid
	prinys spriegoues Prchis laxiflora	Loose-flowered orchid
	rchis masculata	Early purple orchid
	Prchis militaris	Military orchid
	Prchis morio	Green-winged orchid
	Orchis purpurea	Lady orchid
	Prchis simian	Monkey orchid
0	Prchis ustulata	Burnt-tip orchid
Р	latanthera chlorantha	Greater butterfly orchid
S	erapias lingua	Tongue orchid M
S	erapias vomeracea	Long-lipped serapias A M
	OROBANCHACEAE (Broom	rape)
	athrea clandestina	Purple toothwort
	robanche hederae	Ivy broomrape
0	Probanche minor	Common broomrape
	OXALIDACEAE (Wood sorre	
0	Dxalis fontana	Upright yellow oxalis
	PAPAVERACEAE (Poppy)	
	heldonium majus	Greater celandine
P	apaver rhoeas	Common poppy
	PAPILIONACEAE (Pea)	
	nthyllis vulneraria	Kidney vetch
	rgyrolobium sanonii	Argyrolobium M
	ercis siliquastrum	Judas tree (planted) M
	oronilla scorpioides	Annual scorpion vetch M
	enista pilosa	Hairy greenweed
	lippocrepis comosa	Horseshoe vetch
	athyrus aphaca athyrus montanus (=L. linifolius)	Yellow vetchling Bitter vetchling
	athyrus nissolia	Grass vetchling
	athyrus pratensis	Meadow vetchling
	athyrus setifolius	Brown vetch A, M
	otus corniculatus	Birdsfoot trefoil
	Iedicago arabica	Spotted medick
	Iedicago lupulina	Black medick
	Iedicago sativa	Lucerne (= alfalfa) nif
	nobrychis vicifolia	Sainfoin
	obinia pseudacacia	False acacia
-	ditto - (planted)	False acacia - 'Purple Robe'

Trifolium Trifolium Trifolium Trifolium Trifolium	nus (=Cytisus) scoparius campestre dubium incarnatum pratense	Spanish broom (introduced) Broom Hop trefoil Lesser trefoil Crimson clover Red clover White clover Sulphur clover	
Ulex euro		Gorse	
Vicia hirs	•	Hairy tare	
Vicia sati	va	Common vetch	
Vicia sept	um	Bush vetch	
	PLANTAGINACEAE (Planta	in)	
Plantago	lanceolata	Ribwort plantain	
Plantago	media	Hoary plantain	nif
	POLYGALACEAE (Milkwo	rt)	
Polygala		Chalk milkwort	
Polygala	vulgaris	Common milkwort	
	POLYGONACEAE (Dock)		
Rumex ac		Common sorrel	
Rumex cr	ispus	Curled dock	
	PRIMULACEAE (Primrose		
Primula v	peris	Cowslip	nif
	PTERIDOPHYTA (Fern)		
	capillus-veneris	Maidenhair fern	
-	n adiantum-nigrum	Black spleenwort	
-	n ruta-muraria	Wall rue	
-	n trichomanes	Maidenhair spleenwort	
	officinarum	Rusty-back fern	
	s filix-mas	Male fern	
	ssum vulgatum	Adderstongue	
	colopendrium	Hart's-tongue fern Bracken	
	v aquilinum ım vulgare	Common polypody	
Тотурош	RANUNCULACEAE (Butterd		
A quilogia	•	Common columbine	
Aquilegia Clematis			nif
		Traveller's joy	nif
Helleborı Ranuncul		Stinking hellebore Meadow buttercup	1111
	us ucris us bulbosus	Bulbous buttercup	
	us penicillatus	Stream water-crowfoot	
Ranuncul	-	Creeping buttercup	
Tunnen	RESEDACEAE (Mignonette		
Reseda lu		Wild mignonette	
Kesedu tu	RHAMNACEAE (Buckthor		
Rhamus of		Mediterranean buckthorn	м
Knamus a		Mediterranean buckthorn	IVI
	ROSACEAE (Rose)	TT d	
	s monogyna	Hawthorn	
Fragaria		Wild strawberry	
Geum urb Maarilaa		Herb bennet	
	germanica	Medlar (planted)	
Potentilla Dramana an	-	Creeping cinquefoil	
Prunus m Prunus sr		St Lucie's cherry Blackthorn	
Prunus sp Rosa can			
		Dog rose Bramble	
-	ticosus agg. [.] bia minor	Salad burnet	
Sorbus to		Wild service tree	
50104310	16		
	10		

RUBIACEAE (Bedstraw)		
Cruciata laevipes	Crosswort	
Galium aparine	Cleavers	
G. mollugo ssp. $erectum (= G.album)$	Hedge bedstraw	
Galium verum	Lady's bedstraw	
Sherardia arvensis	Field madder	
Rubia peregrina	Wild madder	
SALICACEAE (Willow)		
Populus alba	White poplar	
Populus tremula	Aspen	
Salix caprea	Goat willow	
SAXIFRAGACEA (Saxifrag		
Saxifraga granulata	Meadow saxifrage	
Saxifraga tridactylites	Rue-leaved saxifrage	
SCROPHULARIACEAE (Figwort)		
Cymbalaria muralis	Ivy-leaved toadflax	
Digitalis lutea	Small yellow foxglove	nif
Rhinanthus minor	Yellow rattle	
Scrophularia auriculata	Water figwort	
Veronica arvensis	Wall speedwell	
Veronica chamaedrys	Germander speedwell	
TILIACEAE (Lime)		
Tilia cordata	Small-leaved lime	
ULMACEAE (Elm)		
Ulmus minor	Small-leaved elm	
UMBELLIFERAE (Carrot) (=Ap	piaceae)	
Chaerophyllum temulentum	Rough chervil	
Conopodium majus	Pignut	
Eryngium campestre	Field eryngo	nif
Foeniculum vulgare	Fennel	nif
Heracleum sphondylium	Hogweed	
Heracleum sphondylium var. sibiricum	Hogweed (greenish flowered)	
Oenanthe pimpinelloides	Corky-fruited water dropwort	
Sanicula europaea	Sanicle	
Silaum silaus	Pepper saxifrage	
URTICACEAE (Nettle)		
Parietaria judaica	Pellitory-of-the-wall	
Urtica dioica	Stinging nettle	
VALERIANACEAE (Valeri	an)	
Valeriana officinalis	Common valerian	nif
Valerianella locusta	Cornsalad	
VIOLACEAE (Violet)		
Viola arvensis	Field pansy/heartsease	

Most are in The Wild Flowers of Britain and Northern Europe by Fitter, Fitter & Blamey Others, in bold, are marked as follows: M: Mediterranean flora A: Alpine flora nif = not in flower

